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*The Rite Journey – Helping Develop Healthy Young People*

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'The Rite Journey' guides schools to create a program that allows students to share in a year long partnership with their teacher-guide as they explore what it means to be a respectful and responsible adult in their society.

Given the common current perspective that initiation and rites of passage should be rediscovered for young people in our western culture, a feature of the framework is the specially created ceremonies held throughout the year. These numerous rites of passage follow the seven steps of a hero's journey. The framework allows for the curricular content to be taught within the 4 topics of Relationship with Self, Others, Life and The World.

Content covered includes 'Gender Identity and Construction', 'Feelings and Beliefs', 'Love, Relationships and Sexuality', 'Anger, Bullying, Depression and Violence', 'Stillness, Meditation and Relaxation', 'Communication' and 'Mentoring'.

A strength of the program is its adaptability to schools in various cultures and contexts.